I sat down and tried to make sense of this world in which we have seen systemic displays of inhumanity throughout the ages. I could not. Have we a long way yet to go in the evolutionary process before we see the connection between destructive behavior against others as ultimately destroying ourselves along with it? Are we not yet beings equipped with sophisticated enough thought processes to see what we are doing to ourselves as well as to others? And, can we not also see that the destructive behavior we humans exhibit against the planet we live on, against the other organisms that make up the earthly environment, and against other people who—just like us—came from our African birthplace millennia ago are also actions we are taking against ourselves? All of this is beyond my ability to process. There is no other conclusion than the one I have lately come to—that Planet Earth would definitely be a better world without us, that the disappearance of the human race would be beneficial to Mother Earth. And yet, we must carry on. How do we do that, knowing what suffering and injustice we inflict upon others of our kind and upon the rest of Earth's inhabitants? I hope there is an answer somewhere, but I am not confident that there is.