There are so many role models we could emulate, people whose lives have been in the service of a better world. This does not mean that all of these people were infallible. Most of us make mistakes now and then, no matter how we try to avoid them. But there is a difference between mistakes and sociopathy. And, for some reason that I truly cannot comprehend, many people have hitched their wagons to a person with no apparent redeeming human values—the sociopathic former President, Donald Trump.

People like Trump are not hard to understand. We all know that these individuals are scattered throughout our populace. Some studies indicate that as many as four percent of people are sociopaths—people who may, if it serves their own interests, do the right thing, but who have no feelings of remorse for any of their actions. It is not hard to understand that these people are part of our population. What is difficult to comprehend is that our friends and neighbors, and sometimes our relatives, have chosen to support these harmful characters.

We had a beacon of light to follow these past few years since Alexei Navalny has become a known personage. His death at the hands of Vladimir Putin is not conjecture. After all, that regime tried to assassinate him once before, and when he survived and went back to Russia—his country, not just Putin's, he would have been fully aware that his chances of survival were slim. Yet, he was a profile in courage, choosing to return to his country and continue his fight against the oppression of the Putin regime.

And now, his wife, Yulia Navalnaya, has provided us with another role model. She has said that she will continue her husband's work to bring an end to the repression in Russia. She said that she is not afraid, and that we who hear her words should not be afraid.

And so, we will not. We will use that same determination to ensure that Donald J. Trump never again sets a foot inside the White House and that he pays for his crimes against the American people.